

Description of all 68 Soundtracks for your wellness



Soundbed
Quantum Therapeutic
Energetic Tools Series
with Orgo-Life®

-MP-3 Reader + charger + 32Gb card /
-USB Key with 68 X music tracks X 2 hrs 33 min. 432 Hertz and more
-PRO headphone to get the best of the music in stereo /

UL-7025
432 Hertz Music Kit

68 X 432 Hertz SOUNDTRACKS
with othe frequencies for your Wellness

MADE IN CANADA     Voltage: None
in all situations

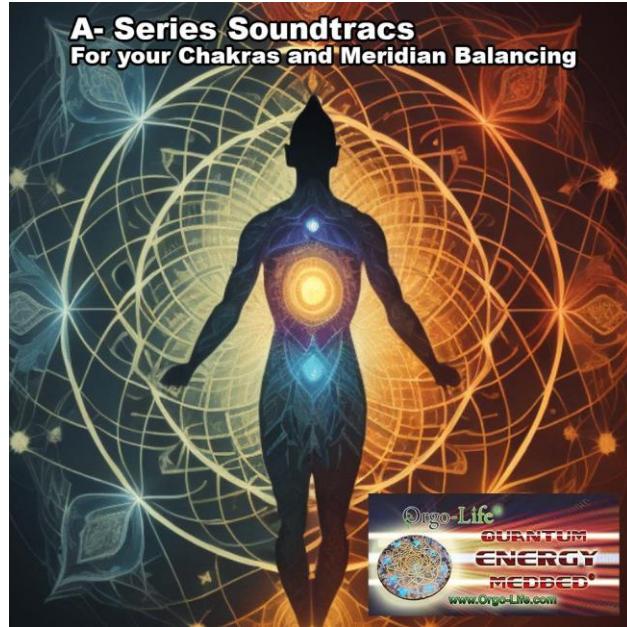
www.Orgo-Life.com

Orgo-Life
5G & EMF QUANTUM
EQUALIZER TECHNOLOGY®

We emphasize that our music cannot cure any disease and does not intend to replace the advice of a doctor or health care provider. Also, never listen to our music while driving or operating machinery of any kind.

DESCRIPTION OF ALL SOUNDTRACKS WITH ALL THE FREQUENCIES FOR YOUR WELLNESS

-68 X Soundtracks in all of 2 hrs 33 min. each of playing time



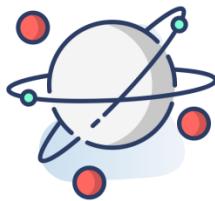
**A SERIES MUSIC FOR CHAKRAS ,
REBALANCING ALL MERIDIANS, CLEANSE,
CALM DOWN**

Soundtrack Title



A-1-Chakra-Aura-Cleansing-Manifest-what-you-want-2hrs-33min

432Hz » CHAKRAS + AURA Cleansing » Manifest what you want



A-2-Connecting-to-the-Universe-The-Frequency-of-Source-Thank-You-for-Everything-2hrs33min

432 Hz, otherwise known as Verdi's A, was the music tuning standard prior to today's tuning of 440 Hz. It is widely considered a superior tuning that makes music more pleasant to listen to. It is also said to have a positive influence on the mind and body due to its relationship with our planet.



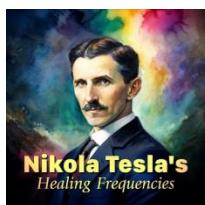
A-3-432-Hertz-Calm-down-Bring-down-heartbeat-2hrs30min

432 Hz Bring Down Heart Rate · Miracle Tones



A-4-417-Hertz-Cleanse-all-trapped-Negativity-From-the-Past-2hrs-30min

Beautiful Kaleidoscopic Art and Music based on Solfeggio Frequency of 417 Hz to release and cleanse all the trapped negativity from the past. We highly recommend that to practice Gratitude Meditation along with this. And at least meditate for 7 Days continuously to see the effect of this frequency and your own meditation. If chanting meditation works better for you, simply chanting OM or Humming meditation along with this will be very helpful in calming the mind. We hope this will help. Many Blessings and Peace.



A-5--396-Hertz-Nikola-Tesla-Frequency-Unconscious-Blocages-Take-away-All-Negativity-2hrs-30min

Use this music during your daily meditation. To clear your mind you can look at the beautiful landscapes or close your eyes and focus on listening to music and breathing. Try to breathe with the rhythm of music. This composition does not contain binaural tones so headphones or earphones are not required. Listen to it at a moderate volume. Good meditation.



A-6-369-Hertz-Frequency-Tesla-Liberation-Emotions-tensions-Your-maximum-potential-spirit-2hrs-30min

Music to relax, to start thinking, to meditate, to eliminate anxiety, leer, for massages, spa or sleep deeply. This relaxing music is perfect for combating anxiety, stress or insomnia that facilitates relaxation and our help in eliminating vibrational ailments.

You can also use this music as a background for yoga classes, mindfulness-guided meditations or sleeping relaxation.



A-7-432-Hertz-Complete-Body-Regeneration-Physical-Emotional-Healing-Connect-To-the-Universe-2hrs-33min

Message from the composer and creator of Calm The Soul: "Hi. This is composer Time Melody. I hope tomorrow will be a better day than today and good night everyone!" Mission: Relaxing Music Meditation Music Relaxing Sleep Music Deep Sleep Music, Relaxing Music with Rain Sounds Fall Asleep Fast, Focus Music, Study Music Background Music, Yoga Music, Rain Sounds for Meditation



A-8-432-hertz-Miracle-Sounds-111hz-Access-to-Infinite-Cosmic-Energy-Healing-2hr30min

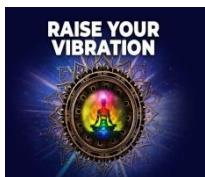
Heavenly voice will decipher your soul and guide you to deep meditation. It is suitable as background music for deep relaxation, relaxation and meditation. The music is produced in a chorus voice tone of angels and is characterized by a relaxed and strong rhythm and will receive powerful healing energy

during deep relaxation. During meditation, it will remove the negative energy of the subconscious mind, boost the positive energy, and help your meditation time more efficiently.



A-9-432-Hz-Instant-Third-Eye-Stimulation-Very-Powerful-Remove-ALL-Negative-Energy-2hrs.-33min

432 Hz, otherwise known as Verdi's A, was the music tuning standard prior to today's tuning of 440 Hz. It is widely considered a superior tuning that makes music more pleasant to listen to. It is also said to have a positive influence on the mind and body due to its relationship with our planet.



A-10-432-Hz-Aura-Cleanse-Positive-Energy-High-Vibrations-2hrs.-33min

432 Hz, otherwise known as Verdi's A, was the music tuning standard prior to today's tuning of 440 Hz. It is widely considered a superior tuning that makes music more pleasant to listen to. It is also said to have a positive influence on the mind and body due to its relationship with our planet. 432 Hz, otherwise known as Verdi's A, was the music tuning standard prior to today's tuning of 440 Hz. It is widely considered a superior tuning that makes music more pleasant to listen to. It is also said to have a positive influence on the mind and body due to its relationship with our planet.



A-11-432-Hz-Positive-Physical-Transformation-Healing-and-releasing-Negative-energies-2hrs.-33min

432 Hz, otherwise known as Verdi's A, was the music tuning standard prior to today's tuning of 440 Hz. It is widely considered a superior tuning that makes music more pleasant to listen to. It is also said to have a positive influence on the mind and body due to its relationship with our planet.



A-12-528-Hz-Heal-the-Golden-Chakra-Body-repair-Celle-Transformation-Bring-Positive-2hrs.-33min

528 Hz | Brings Positive Transformation | Heal Golden Chakra | Whole Body Cell Repair. Here are some of the Benefits of 528Hz Solfeggio Frequency Music

- ✓ Promotes Healthy Endocrine System, Lowers the cortisol levels which in turns helps promote cellular regeneration and repairs. This type of sleep music is very effective, as most of the cell level repairs happen at night.
- ✓ Promotes healing of 3rd chakra - Solar Plexus Chakra which is followed by its beneficial effects of increased amount of energy and positivity boost.
- ✓ Helps in more Self Confidence and Self Esteem ♡ YOUR COMMUNITY ♡ Meditative Mind Community exists because of you. If you have a few moments, do help others below in the comment section, in whatever way you can. Sometimes just a few words of positivity can make a difference in someone's day. Remember the Butterfly Effect? Lots of love and positive vibes to you all.



A-13-528-Hz-Heal-the-Golden-Chakra-Body-repair-Celle-Transformation-Bring-Positive-2hrs.-33min

Beautiful 639 Hz based music. Attract Love - Raise Positive Energy in and around you. This Track features music composed with Grand Marimba. A beautiful looking instrument. You may have also noticed this sound in Ed Sheeran's Shape of You song. This is a new musical series featuring a soothing continuous healing drone in the background, also generated from marimba and calm mallets sounds generated by softly hitting the marimba. Hope you will enjoy this music. 639Hz Solfeggio Frequency is the miracle tone of Love, Connection and Relationships. 639Hz is also one of the heart chakra frequencies. Benefits of 639 Hz frequency includes

- ✓ *Enables creation of harmonious interpersonal relationships*
- ✓ *This tone can be used for dealing with relationships problems – those in family, between partners, friends.*

✓ Talking about cellular processes, 639 Hz frequency can be used to encourage the cell to communicate with its environment

✓ Enhances communication, understanding, tolerance and love.



A-14-888-Hz-8-Hz-Get-all-the-Abundance-With-the-pyramid-gate-wealthp-and-Prosperity-Endorphibne-release-with-meditation-2hrs.-33min

Release endorphins and remove all negative blockages that hinder you to access wealth and prosperity with this specially composed meditation music in the angel number and abundance frequencies of 888 Hz + 88 Hz + 8 Hz to help you attract infinite abundance.

The frequency of 888Hz is related to the Angel Number 888, which is an indicator of prosperity and abundance. If you've been seeing this number often recently, you might be receiving guidance on how you can attract that abundance while achieving your deeper spiritual purpose.

The Angel number 888 also can be seen as an assurance that you will achieve all your goals by following your heart. The 888 Hz Angel Number frequency can help you remove all negativity, which hinders you in accomplishing your goals, your dreams and desires, and thus open a gate of abundance, blessings and unlimited wealth - be it financial, spiritual or emotional.

The frequency of 8Hz is imperceptible to the human ear. It is an alpha frequency and occurs when we are awake, yet deeply relaxed. This state is also known as a "trance". Our attention is strongly directed towards inwards. It is believed that this frequency is the bridge between the conscious and the subconscious.

Alpha frequencies also occur before falling asleep and waking up. Due to the relaxed yet concentrated state, we are particularly receptive to remembering and learning in this phase.

Research has shown that 8Hz synchronizes the two hemispheres of the brain, releasing endorphins and causing the cells and neurons in the nervous system to regenerate. Each angelic number (or: "AN" for Angel Number) is linked to its corresponding angelic frequency. Each frequency exists with a purpose and can help you in different stages of your life. Whether you are feeling weak, uncertain or in need of strength to carry on with your current plans and projects, there is a different frequency that can help you.

Angel Number frequencies also help to engage more deeply in the mystery and wonder of existence. Understanding, that there is "Intelligence" much greater than ours at play and there is much more around us, than we are able to perceive and/or even imagine. The music in this video is an original 888 Hz, 88 Hz and 8 Hz frequency composition and has not been artificially tuned to the frequencies of 888Hz, 88Hz and 8Hz afterwards. I am convinced that, composing 888Hz + 88Hz + 8Hz music in its

original frequencies, will lead to better results when it comes to deploying the positive spiritual energy of these particular Angel Number and abundance frequencies.

As long as it is positive for you, it will be positive for your body and soul.



A-15-888-Hz-receiving-Infinite-Abundance-Loving-and-Blessings-from-all-Angels-Entity-2hrs.-33min

8, 88,888, 8888 Hz Healing Frequency Music - in this meditation let yourself be drawn into the healing and creative frequency of the overflowing, infinite abundance. Connection with the creative source, the everlasting love of god's universal creation. The number 8 (also known as the infinity sign) is also associated with the base chakra (Muladhara Chakra).

The root chakra is attributed to the element of earth and matter and this is where the root of creation lies. Activating the first chakra strengthens your stability and sense of security in life - abundance, wealth and self-confidence.

The 8 Hz corresponds to the fundamental C and is the transition from theta waves to alpha waves. The 8 Hz in connection with the 88 Hz was generated as binaural beats. Repeating numbers like 88 or 888 are known as angel numbers.

Angel numbers are considered to be a sign from the divine, a potent source of energy. Angel number 8 reveals that life will be filled with happiness and joy. You are all-encompassing love that penetrates you to the smallest cell. Feel the creative, divine power of the universe feeding you with the golden light of abundance and prosperity. Joy and bliss are expressions of your true nature.

Binaural beats are created when different frequencies are played in on the left and right channels via headphones. The brain stem forms the difference between the two frequencies. These frequencies can have a very positive effect on the brain waves.

The effect of the frequency music is best perceived through headphones. Take some time out, find a comfortable, relaxed position while sitting or lying down, take a few deep breaths and the sound journey can begin.



A-16-432-Hz-Opening-and-balancing-all-7-Chakras-Boost-And-Aura-Tuning-Cleansing-Achieve-Best-Resonance-2hrs.-33min

All 7 Chakras Healing Music | Positivity Boost and Aura Cleanse | Achieve Resonance The most direct way to influence the resonance of the body with sound is to balance the Chakras. You should be aware that every cell in your body transmits and absorbs sound at a particular frequency. Each of the seven major Chakras governs different emotional states as well as different parts of the body.

As a result, the sound is very effective for balancing the Chakras and healing the body, mind, and spirit. Put your attention on the respective location during each Chakra sound.

- ***Root Chakra (Muladhara):***
- ***Base of the Spine Sacral Chakra (Svadhishthana):***
- ***One to two inches below your navel. Solar Plexus Chakra (Manipura):***
- ***At the navel or slightly above the solar plexus Heart Chakra (Anahata):***
- ***In the central channel of the spine at the heart Throat Chakra (Vishuddha):***
- ***At the throat region Third Eye Chakra (Ajna):***
- ***Directly behind the center of the forehead Crown Chakra (Sahasrara):***
- ***Either at or slightly above the top of the head :***
- ***Whether you use this for sleep or meditation or just relaxation, we support you on your spiritual journey :***



A-17-432-Hz-For-Attracting-all-positive-Energy-eliminate-bad-vibes-and-fully-recharge-2hrs.-33min

Eliminates bad vibrations either by listening to it while you do homework or while you sleep, it attracts good energy and recharges you.



A-18-432-Hz-10Hz-For-being-Happy-stimulate-Binaural-beats-For-Serotonin-Ideal-Brain-Waves-2hrs.-33min

Be Happy 10 Hz Binaural Beats Serotonin · Music Body and Spirit Binaural Beats – Brainwave



A-19-432-Hz-320Hz-For-Confidence-Success-Solar-Plexus-All-Chakra-Alignment-Binaural-tuned-10Hz-2hrs.-33min

Summary: Manipura Chakra, or the Solar Plexus Chakra, is the third of the physical chakras and it is here we are find our confidence, will power, success, individuality, focus, and outward projections.

Associated with the motivation to take action, and also strongly tied to our intellect, the Manipura chakra has a very important place to help us manifest our desired reality, as well as find our sense of individuation. We often time find ourselves with third chakra blockages when we have diminished will power, lack of self-worth and self-confidence, and find ourselves procrastinating or resisting certain tasks. On the opposite end we may we are placing too much importance on the egoist self, or are reacting in anger more often than not.

Anger is important and healthy emotion, but to always react in anger, or to constantly feel in a state of "us vs them" mentality can also be a symptom of misaligned third chakra. We can think of the manipura as being our internal flame or fire. We want to tend to it without it burning us up or dying out completely.

This composition contains dual frequencies, the first is the 320 Hz Solar Plexus Chakra frequency.

The second is the the 10Hz, for which a binaural was created for this track. It is also associated with the Solar Plexus chakra, but also connected to increasing serotonin release, a feeling of "centering", a decrease in pain, and an increase in our intellectual capacities such as memory retention.

The 10Hz frequency is in high alpha brain range frequency, which is associated with healing, centering, and mind/ body connection. It is only natural given the frequencies of the chakras that the scale be tuned to 432Hz, which I will continue to use for all the videos in the chakra healing series. I recommend using headphones or speakers! Please be mindful that alpha wave frequencies may affect people to varying degrees, I would caution against driving while listening to this composition.



A-20-432-Hz-All-Cosmic-Connections-with-Solfeggio-Frequencies-Enter-the-Light-2hrs.-33min

Whether you're relatively new to soothing sounds or are a seasoned listener, the term 'Solfeggio frequencies' might be entirely new to you.

Solfeggio frequencies refer to specific tones of sound that help with and promote various aspects of body and mind health. These frequencies are reputed to date back to ancient history and said to be the fundamental sounds used in both Western Christianity and Eastern Indian religions, chanted by the Gregorian Monks and in ancient Indian Sanskrit chants.

Physician and researcher, Dr. Joseph Puleo, rediscovered Solfeggio frequencies in the 1970s, bringing their benefits back into public awareness. In his research, he used mathematical numeral reduction to identify six measurable tones that bring the body back into balance and aid in healing.

These Solfeggio frequencies were believed to profoundly affect the conscious and subconscious mind in order to stimulate healing and promote vitality. Thanks to Puleo's work and the renewed interest, many

scientists have since unearthed more evidence supporting the positive effects that these frequencies have on the human body.

The science behind the Solfeggio frequencies

The scientific community began connecting the dots between the type of music played and the variety of physical effects on the human body. In 1988, **biochemist Dr. Glen Rein** made a discovery that confirmed what the ancient spiritual traditions understood when he tested the impact of different music on human DNA.

Rein exposed similar DNA vials to four kinds of music with different frequencies – Gregorian chants, Sanskrit chants, classical, and rock. By measuring the rate of UV light absorption, an essential function of healthy DNA, Rein was able to assess the effects of each type of music. And the results will make you reconsider the type of music you listen to when you want to relax.

The Gregorian and Sanskrit chants had the most positive, even healing, effects by increasing UV light absorption between 5 to 9 percent. The classical music increased UV absorption by small amounts. And rock music decreased UV light absorption, harming the DNA. Rein's research supported the theory that sound frequencies do produce serious effects, for better or worse, on health and well-being.

Since Rein's illuminating discovery, further research has come to light that shows **Solfeggio frequencies have profound mental, emotional, and physical effects**. Additionally, this understanding has led to music therapy becoming established as a health profession to help individuals therapeutically using various aspects of music creation and listening.

However, to understand what's so special about the Solfeggio frequencies and how they differ from other tones, it's first important to understand the Schumann resonance.

Cosmic Diamond Light (741hz) · Powerthoughts Meditation Club All 9 Solfeggio Frequencies: Raise Positive Vibrations (Cleansing, Healing and Grounding).



A-21-432-Hz-Letting-Go-All-negativity-all-Emotionnal blockage-and-more- Getting-rid-of-Fear-regrets-Guilt-conflicts-and-a-good-healing-2hrs.-33min

We have composed this music to help you free yourself from deep negative emotions and thoughts. This music helps you to let go of fear, guilt, regret and such negative emotions and creates more sense of stability and safety. Namaste

Binaural Beats and Solfeggio Frequencies Music Frequencies of these tracks have been chosen for a specific situation like sleep or anxiety problems, or to accompany meditations.

We underline that these tracks cannot cure a health condition nor do they want to replace the advice of a doctor or health care provider. Moreover, never listen to our music whilst driving or operating machinery of any kind. Sleep music Sleep is very important to a person's health.

These compositions are designed to accompany you for the duration of your sleep or just to fall asleep. Reiki Music Here you can find the music for your Reiki treatments with bell every 3 minutes, or without bell.

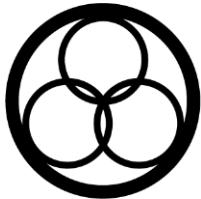
Tracks with bell change to every position with melodies and harmonies studied in detail to help the treatment. Relaxing Music These tracks can be used in any situation: as a background while you are working, in relaxation moments after a stressful day or just when you like. Meditation Sounds Music in this playlist has as common characteristic the absence of harmonic changes and very delicate melodies, which make these songs ideal for deep meditation.

WE UNDERLINE THAT OUR MUSIC CANNOT CURE A HEALTH CONDITION NOR DOES IT WANT TO REPLACE THE ADVICE OF A DOCTOR OR HEALTH CARE PROVIDER. MOREOVER, NEVER LISTEN TO OUR MUSIC WHILST DRIVING OR OPERATING MACHINERY OF ANY KIND.



A-22-432-Hz-High-Positive-Vibration-with-amazing-good-energy-Cleanse-All-Bad-energy-Very-Deep-Meditation-2hrs.-33min

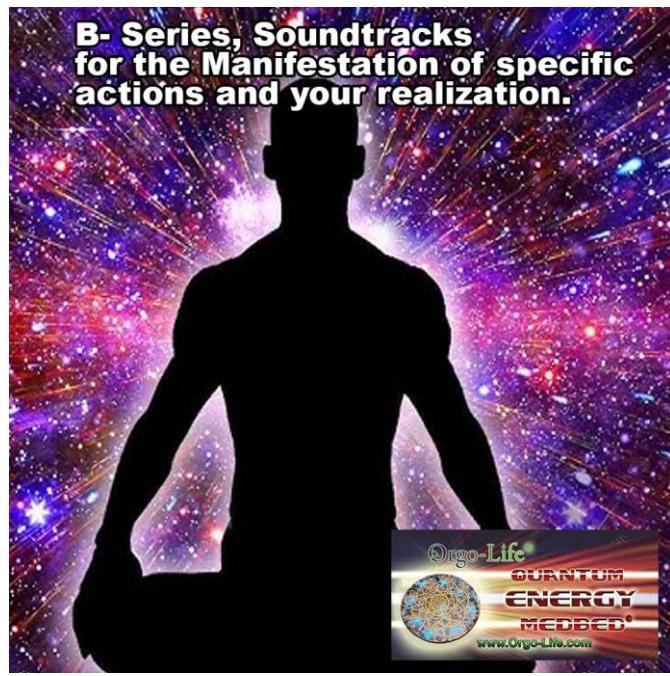
Positive Energy Vibration, a very serene, delicate music. Ideal for healing and for meditation.



A-23-432-Hz-Sacred-fractal-33333Hz-frequency-For-Ultimate-meditation-2hrs.-33min

All of the visuals and music for the channel are created by me for exclusive use on Youtube (R). The use of Headphones is recommended for enjoying the stimulus better. This type of music is created to help you concentrate. The visuals are mad for the practice of still sight concentration. Focusing on a target for at least 1 minute will help increase productivity and Focus,

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B SERIES HEALING MUSIC FOR A SPECIFIC ACTION OR DESIRE WITH HEALING FREQUENCIES

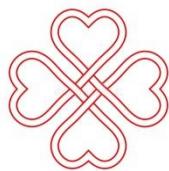
Soundtrack Title



B-1-432-hertz-To-attract-luck-and-money-Wealth-Love-Hope-and-faith-2hr30min

432 Hz, otherwise known as Verdi's A, was the music tuning standard prior to today's tuning of 440 Hz. It is widely considered a superior tuning that makes music more pleasant to listen to. It is also said to have a positive influence on the mind and body due to its relationship with our planet.

Our great Mission and purpose in Abundance Meditation is to Create Original Content related to different philosophies and religions of the world of spirituality awakening and purpose of life is to raise the energy vibration of our planet and make this world a more harmonious and peaceful place to everybody.



B-2-432-hertz-Infinite-Abundance-Attract-LOVE-Being-more-Creative-2hr30min

This music with a frequency of 432 hz will help you to receive the infinite abundance of the universe. Attract love, money and abundance. 432 hz of connection with the frequency of the universe and the creative source.



B-3-432-hertz-The-Deepest-healing-letting-go-all-your-negativity-and-for-Meditation-2hr30min

Deeply relaxing positive energy boosting healing meditation music tuned to 432hz for optimum relaxation. With Angel music (angelic music) This track + 6 other versions with nature sounds available

432Hz allows us to tune into the wisdom of the Universe, Divine Intelligence, and our Soul. It creates Unity instead of separation. It expands our hearts and makes us more compassionate and loving.

One thing is for sure. A person who resonates with love have inner peace – and this is the starting point for a world where we live in Unity, Peace and Harmony with each other and Mother Earth. Modern science has begun to recognize what the ancient mystics and wise men have told us for centuries; that everything is in a constant state of vibration. Everything down to the smallest physical particle to the things we cannot perceive with our (yet) limited senses. The most elemental state of vibration is that of sound. Everything has an optimum range of vibration (frequency), and that rate is called resonance. When we are in resonance, we are in balance. Every organ and every cell in our precious body absorbs and emits sound with particular optimum resonate frequency. 432hz and 528hz tuned music creates resonance in our physical, mental, emotional and spiritual body.



B-4-432-hertz-Improve-Your-brain-Global-Health-whole-Body-regeneration-2hr30min

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B-5-432-hertz-Whole-Body-DNA-Regeneration-Full-Body-Healing-Emotionnal-and-Physical-2hr30min

432Hz - Whole Body Regeneration - Full Body Healing | Frequency for Emotional & Physical Healing



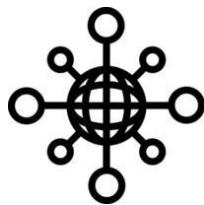
B-6-528-639-hertz-to-attract-abundance-money-wealth-andLove-with-Quantum-Waves-sounds-2hr30min

Attract money, love and abundance with quantum waves. Connect with your parallel universe to get what you want. The frequencies of 528 Hz and 639 Hz are directly linked to the abundance pattern of the universe. With 528 hz you get the energy support of light to achieve miracles and everything we want in our lives. 639 hz is used to attract love, connect with parallel universes and spiritual spheres.



B-7-528-hertz-The-Ultimate-Love-Frequency-Healing-2hr30min

528 Hz The Love Frequency ♦ Heal The Past & Manifest Abundance, Love and Harmony ♦ Explore the 528 Hz frequency and how to use it to heal your past and manifest abundance, love and harmony in your life. 528 is the love frequency, which will help you heal your future. This video includes a detailed discussion of the science behind this frequency and its benefits to us all.



B-8-528-hertz-For-a-Rebirth-new-Transformation-emotional-and-Physical-healing-For-Anti-Anxiety-2hr30min

Message from the composer and creator of Calm The Soul: "Hi. This is composer Time Melody. I hope tomorrow will be a better day than today and good night everyone!"

♥ Mission: Relaxing Music Meditation Music Relaxing Sleep Music Deep Sleep Music, Relaxing Music with Rain Sounds Fall Asleep Fast, Focus Music, Study Music Background Music, Yoga Music, Rain Sounds for Meditation



B-9-528-hertz-Release-inner-struggle-Anti-Anxiety-Cleanse-Stop-your-brain-from-overthinking-release-stress-inner-conflict-2hr30min

Solfeggio 528 Hz Miracle Tone.

According to Dr. Leonard Horowitz, 528 Hertz is a frequency that is central to the “musical mathematical matrix of creation.” More than any sound previously discovered, the “LOVE frequency” resonates at the heart of everything. It connects your heart, your spiritual essence, to the spiraling reality of heaven and earth.



B-10-528-hertz-All-Body-Regeneration-Full-Healing-Emotional-and-Physical-2hr30min

Math scientist Victor Showell describes 528 as fundamental to the ancient Pi, Phi, and the Golden Mean evident throughout natural design.

Vic Showell and John Stuart Reid (a pioneer in acoustic research and cymatic measurements) have proven that 528 is essential to the sacred geometry of circles and spirals consistent with DNA structuring and hydrosonic restructuring.

528hz More than any sound previously discovered, the “LOVE frequency” resonates at the heart of everything. It connects your heart, your spiritual essence. The Love frequency is the “Miracle” note of the original Solfeggio musical scale. Independently confirmed by researchers, these core creative frequencies were used by ancient priests and healers in advanced civilizations to manifest miracles and produce blessings.



B-11-639-hertz-Attract-Love-harmonize-All-Relationship-Positive-healing-Get-rid-of-old-Negative-energy-2hr30min

639 hz frequency is related to openness and connection in human relationships. It is used to treat problems within family, between partners, between friends or in social context. It encourages cells to communicate with their surroundings, creating harmonious relationships of understanding, tolerance and love.

Music for Body and Spirit channel includes also: Meditation and Yoga music For your short and long meditation or yoga sessions, to balance your body and spirit. Here you can find the music suitable for your taste. Binaural Beats and Solfeggio Frequencies Music Frequencies of these tracks have been chosen for a specific situation like sleep or anxiety problems, or to accompany meditations. We underline that these tracks cannot cure a health condition nor do they want to replace the advice of a doctor or health care provider. Moreover, never listen to our music whilst driving or operating machinery of any kind. Sleep music Sleep is very important to a person's health. These compositions are designed to accompany you for the duration of your sleep or just to fall asleep. Reiki Music Here you can find the music for your Reiki treatments with bell every 3 minutes, or without bell. Tracks with bell change to every position with melodies and harmonies studied in detail to help the treatment. Relaxing Music These tracks can be used in any situation: as a background while you are working, in relaxation moments after a stressful day or just when you like. Meditation Sounds Music in this playlist has as common characteristic the absence of harmonic changes and very delicate melodies, which make these songs ideal for deep meditation.



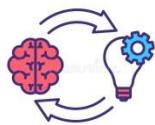
B-12-963-hertz-852Hz-639Hz-Pineal-Gland-Activation-Open-3rd-Eyes-Heal-the-heart-Chakra-2hr30min

963Hz + 852Hz + 639Hz | Miracle Tones | Activate Pineal Gland | Open Third Eye | Heal Heart Chakra



B-13-1111-hertz-111Hz-11Hz-The-Angel-frequency-Thank-You-to-the-Universe-for-everything-Full-Body-Healing-2hr30min

Heavenly voice will decipher your soul and guide you to deep meditation. It is suitable as a background music for deep relaxation, relaxation and meditation. The music is produced in a chorus voice tone of angels and is characterized by a relaxed and strong rhythm and will receive powerful healing energy during deep relaxation. During meditation, it will remove the negative energy of the subconscious mind, boost the positive energy, and help your meditation time more efficiently.



B-14-432-hertz-Activating-your-higher-Mind-Self-for-Success-Mind-programming-Mind-Body-2hr30min

Activate Your Higher Mind for Success ☺ Subconscious Mind Programming ☺ Mind/Body Integration
Binaural Beats by Binaural Beats Meditation (Good Vibes)

Get the Best Quality Headphone for Binaural Beats Today{ALWAYS PLAY THIS MUSIC IN LOW VOLUME BECAUSE OF FREQUENCIES USED IN THIS MUSIC} (Note: To experience the best sound, Use a pair of headphones. Listen to this music in a quiet place for at least 20 minutes daily "If Possible". If you are a beginner then don't try to fit too much at once) Who doesn't want to be Successful in this World??? We bring you this session for reprogramming your Subconscious Mind so that it will direct you to the right path of Success. Your Subconscious Mind will always be alert and you won't miss any chance of success. Warning: This session is strictly prohibited to people suffering from epilepsy. Note: This session can also be used as a study aid.



B-15-432-hertz-Activating-your-DNA-Code-with-the-source-for-regeneration-2hrs30min

Activating the Dna God Code · Aeoliah Activating the Dna God Code



B-16-432-hertz-manifesting-Miracles-Attract-good-deeds-Elevating-Your-vibrationnal-State-of-being-2hrs30min

Manifest Miracles and elevate your vibration with this 432 Hz healing frequency. Calm your mind and improve your sleep with your FREE sleep guided meditation.



B-17-432-hertz-Very-Mystical-Meditation-with-Sacred-Fractals-while-meditating-2hrs30min

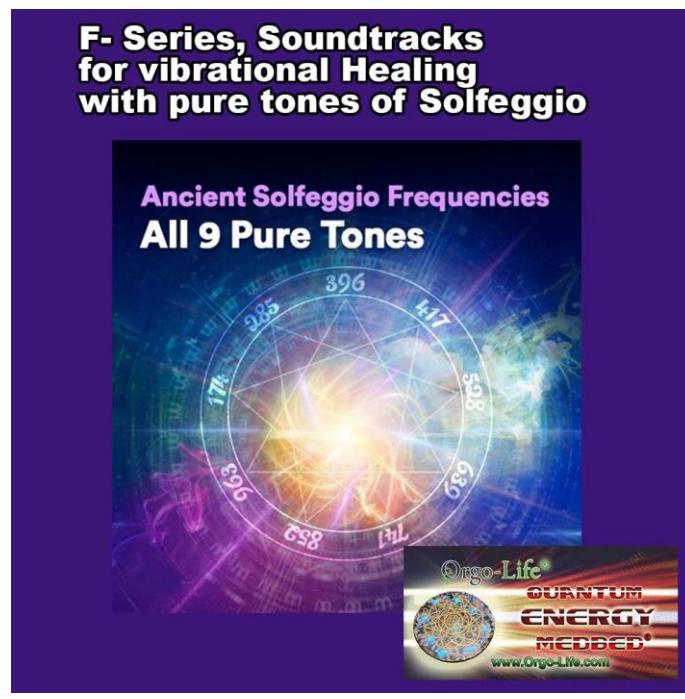
All of the visuals and music for the channel are created by me for exclusive use on Youtube (R). The use of Headphones is recommended for enjoying the stimulus better. This type of music is created to help you concentrate. The visuales are mad for the practice of still sight concentration. Focusing on a target for at least 1 minute will help increase productivity and Focus,



B-18-432-hertz-174Hz-Reduce-all-Pains-in-General-2hrs30min

Many researches have now proved that mindfulness meditation is far better alternative to manage chronic pain rather than depending on medicine. 174 Hz frequency is one of the Deepest Solfeggio Frequency used in Sound Healing. When meditating along with this healing music helps brain to simulate more endorphins which in turn reduces the sensation of pain. We hope that this will help. Many Blessings and Peace all the way

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F SERIES PURE TONES, VIBRATIONAL HEALING WITH FREQUENCIES

Soundtrack Title



F-1-285-hertz-Pure-Tones-Only-Heals-and-Regenerates-Tissues-Organs-2hrs-33min

285 Hz - a smooth and calming solfeggio frequency which heals and restores tissues. It is very effective in restructuring damage organs.

- **174 Hz**
- **285 Hz**
- **396 Hz**
- **417 Hz**
- **528 Hz**
- **639 Hz**
- **741 Hz**
- **852 Hz**

- **963 Hz**

How to use the Solfeggio Frequencies: - method 1: listen from the lowest frequency (174 Hz) to the highest; each frequency 2 times a day for 4-6 weeks (e.g. 174 Hz two times a day for 4-6 weeks, then 285 Hz two times a day for 4-6 weeks and so on)

– method 2: listen every day all the Solfeggio Frequencies from the lowest to the highest

-method 3: listen to the Solfeggio Frequency you are attracted to for as long as you want, as long as it feels right for you Listening to these frequencies is not a substitute for psychological or medical treatment.



F-2- 432Hz-Miracle-Tone-Raise-Positive-Vibrations-Healing-Frequency-Positive-Energy-Boost-2hrs-33min

Listening to the 432Hz frequency resonates inside our body, releases emotional blockages and expands our consciousness. This Soundtrack uses a 432Hz frequency tone mixed with the music (the music itself is in standard tuning). 432Hz allows us to tune into the wisdom of the Universe, Divine Intelligence, and our Soul. It creates Unity instead of separation. It expands our hearts and makes us more compassionate and loving. One thing is for sure.

432Hz allows us to tune into the wisdom of the Universe, Divine Intelligence and our Soul. It creates Unity instead of separation. It expands our hearts and make us more compassionate and loving. One thing is for sure. A person who resonates with love have inner peace – and this is the starting point for a world where we live in Unity, Peace and Harmony with each-other and Mother Earth.

A person who resonates with love have inner peace – and this is the starting point for a world where we live in Unity, Peace and Harmony with each-other and Mother Earth. Modern science has begun to recognize what the ancient mystics and wise men have told us for centuries; that everything is in a constant state of vibration. Everything down to the smallest physical particle to the things we cannot not perceive with our (yet) limited senses.

The most elemental state of vibration is that of sound. Everything has an optimum range of vibration (frequency), and that rate is called resonance. When we are in resonance, we are in balance. Every organ and every cell in our precious body absorbs and emits sound with particular optimum resonate frequency. 432hz and 528hz tuned music creates resonance in our physical, mental, emotional and spiritual body.

Solfeggio Frequency 285 Hz: heals and regenerates tissues and organs, it is connected to the acceleration of conscious evolution. The original 6 Solfeggio Frequencies were (re)discovered by Dr. Joseph Barber in the Book of Numbers (Chapter 7, verses 12 through 83) and are reputed to be the frequencies used by the Gregorian Monks in their meditative chants. When you start to listen to the

Solfeggio Frequencies, you can find symptoms such as headache, nausea or even body spasms. Do not be alarmed: you are simply "tuning/re-tuning" your system. The 9 Solfeggio Frequencies:



F-3- 741-Hz-Detox-Cleanse-Aura-Remove-Toxins-all-Negative-Blocks-Marimba-Meditation-2hrs-33min

741 Hz › DETOX CLEANSE AURA › Remove Toxins Negative Blocks › Marimba Meditation Music



F-4- 852-Hz-Awakening-with-Crystal-Clear-Intuition-Letting-Go-All-Ovethinking-fear-Marimba-2hrs-33min

852 Hz › AWAKEN Crystal Clear Intuition › LET GO Overthinking › Marimba Meditation Music



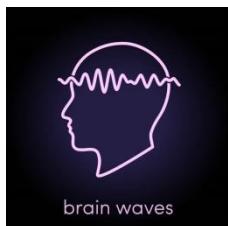
F-5- 852-Hz-The-Ultimate-Love-frequency—Raising-Your-energies-Vibration-Of-unconditional-Love-Deep-healing-2hrs-33min

852 hz - Return to the spiritual order, to the Source. This tone is associated with a frequency of pure love: unconditional love. Directly connected to the principle of light and light is a higher form of bioenergy. It introduces at high vibrational levels. Sensitizes and opens the person to spiritual experiences, originating directly in the Spirit. Namaste You can download this track with the titles "852 hz Love Frequency", "852 hz Frequency of Unconditional Love", "852 hz Raise Your Energy Vibration", "852 hz Awakening Inner Strength", "852 hz Open Your Third Eye" here:



F-6- 852-Hz-The-Unconditional-Love-Returning-To-Source- 2hrs-33min

852 Hz - Unconditional Love, Returning to Spiritual Order Vol. 2 · Kev Thompson Solfeggio Frequencies: Vol. 2, Healing Musical Soundscapes for Meditation, Spa, Yoga & Deep Relaxation



F-7- 432-Hz-417Hz-Very-Deep-Theta-Waves-Regeneration-whole-Body-Vibrations-Tones-2hrs-33min

Deep Theta Waves Regeneration 417Hz · Healing Meditation Music Deep Theta Waves Regeneration 417Hz

Theta activity has a frequency of 3.5 to 7.5 Hz and is classed as “slow” activity. It is seen in connection with **creativity, intuition, daydreaming, and fantasizing and is a repository for memories, emotions, sensations**. Theta waves are strong during internal focus, meditation, prayer, and spiritual awareness.

THETA (4-8 Hz)

The next brainwave is theta. Theta activity has a frequency of 3.5 to 7.5 Hz and is classed as “slow” activity. It is seen in connection with creativity, intuition, daydreaming, and fantasizing and is a repository for memories, emotions, and sensations. Theta waves are strong during internal focus, meditation, prayer, and spiritual awareness. It reflects the state between wakefulness and sleep and relates to the subconscious mind. It is abnormal in awake adults but is perfectly normal in children up to 13 years old. It is also normal during sleep.

Theta is believed to reflect activity from the limbic system and hippocampal regions. Theta is observed in anxiety, behavioral activation and behavioral inhibition. When the theta rhythm appears to function normally it mediates and/or promotes adaptive, complex behaviors such as learning and memory. Under unusual emotional circumstances, such as stress or disease states, there may be an imbalance of three major transmitter systems, which results in aberrant behavior. Back to our car example, Theta would be considered 2nd gear. Not as slow as 1st gear (Delta) but still not very fast.

THETA (3.5-7.5 Hz): Distribution: usually regional, may involve many lobes, can be lateralized or diffuse;

Subjective feeling states: intuitive, creative, recall, fantasy, imagery, creative, dreamlike, switching thoughts, drowsy; “oneness”, “knowing”
Associated tasks & behaviors: creative, intuitive; but may also be distracted, unfocused
Physiological correlates: healing, integration of mind/body
Effects of Training: if enhanced, can induce drifting, trance-like state.

If you suppressed, it can improve your concentration and the ability to focus better meaning your attention.



F-8- 432-Hz-396Hz-Destroy-all-Unconscious-Blockages-and-negativity-Solfeggio-Binaural-beats-2hrs-33min

Do you have negative thoughts and can't get rid of them? Make a proper meditation while listening to this track. To destroy negative thoughts and emotional blockages the frequency of solfeggio 396 hz is an excellent solution. We have added binaural frequencies and Indian Flute gentle melodies that will help you with meditation to lose unsolved problems. Namaste.



F-9- 432-Hz-and-417Hz-OM-Chanting-Remove-all-negative-blockages-Period-All-Cleansing-2hrs-33min

POWERLIFE MEDITATION presents this wonderful Om Mantra Chanting of 3 hours. It's the sound that reverberates in the entire cosmos and in every cell of our body, and 417Hz is amazingly beautiful frequency that acts as a cleansing agent for our body, removing negativity, negative blocks and toxicity from our body and mind. And when we combine both of these - it gives rise to an astoundingly powerful effect, of removing all the negative emotions and let the positivity of OM takes it place.

It becomes a powerful meditation tool.

You may chant OM along or simply let it play in the background as you meditate and focus on your breathing in and out. It's a simple but a very effective technique. POWERLIFE MEDITATION is a little digital space dedicated to you, your meditation, total relaxation and spiritual abundance experiences. Our tracks are ideal for meditation, yoga, sleep, healing, total relaxation, personal development and spiritual connection to boost your powerful life.



F-10- 432-Hz-Opening-3rd-Eye-Enhance-your-Chakras-your-6-Sense-Powerful-Chakras-MBIRAA-Waves-2hrs-33min

Open Third Eye Chakra | Enhance Sixth Sense | Very Powerful Chakra Meditation Music | MBIRAA WAVES



F-11- 432-Hz-936Hz-To-Activate-Your-Pineal-Gland-with-Binaural-beats-3rd-eye-opening-2hrs-33min

POWERFUL Pineal Gland activation with 936Hz solfeggio frequency, Third eye opening with binaural beats meditation music. When you meditate your third eye may show itself to you without you even trying.

However, if you consciously want to see it, you should, during meditation, concentrate on your third eye area (between your brows). However, you should not focus on this area too intensely. You just have to be aware of that area. When you concentrate on your third eye area, you'll start feeling a tingling sensation or a slight pressure/vibration in that area.

This always means that the third eye chakra is awakening, no matter how small pressure/vibration you're experiencing. After some days, or even the same day of you trying to see the third eye, you may start seeing the colors of it. You may straight away become aware of your third eye, but that doesn't happen often. With the opening of your third eye chakra your sixth sense sharpens and you become more in tune with the universe.

Your personal traits may not change much, but you'll have a greater knowledge of this world and others. How to know that you awakened your third eye? You can be assured that your third eye is awakened if you close your eyes and can see: White/blue/purple colours Intense white dots Black sky with numerous stars The shape of the eye/square/circle/some other shape filled with blue or purple colour These are all signs that you've awakened your third eye.

If you feel the pressure or some activity in your third eye chakra, that means that your third eye is being awakened and soon you'll be able to see with it.

How long does it take to open the third eye?

It's not a question of how long it takes to open. That's a relative question. Technically if you think of the third eye seeing potential, actually strangely means the third is never 100% open, We use our main physical senses to see what is real. Rather it's a skill, that a person can refined and develop over an entire lifetime.

What open means is: that a person considers the third eye to be reliable enough that they trust to what they see from it. That measure of trust varies greatly from person to person. It's important never to rush the process of learning the third eye. Don't get lost in all the potential you see with an open third eye.

With patience consolidate your practice into more concise routines. Otherwise in potential ideas will blend together to create something different and misleading. Because we want to validate our third eye is open, people often share raw ideas and visions before they really have had the time to process them properly. When talking with others, slow down and don't overwhelm them with too much all at once otherwise

- (1) What you experience gets distorted,**
- (2) People are pushed away from you to further isolate you**
- (3) You get frustrated in the break down of communication**
- (4) Frustration generates conflict and ironically more frustration that then limits your third eye absolutely.**
- (5) You end up taking it to places further away from a grounded and healthy life. (6) You end up closing your third eye, because you cannot validate the potential you see. Doubts disrupt, dispel and close the third eye very easily. Take the time to explore and be patient so you don't push it too far from reality.**

Staying grounded is very important, when people get ungrounded, you lose trust and personal faith quickly. It's fine to be excited, but many people will take your excitement the wrong way since they don't trust their own truth.

So share in a quieter manner and you will find people respond back in a stronger and more positive way. It takes a life time to truly open the third eye.

Patience and modesty allow you to take the time to work with your third eye at its own opening pace.



F-12- 432-Hz-Very-Deep-Theta-Wave-Inducer-A-Pure-Binaural-Beat-6HZ-Interval-Resetting-all-your-chakras-2hrs-33min

NOTE: You will not hear anything without headphones ! A Super Deep Theta Binaural Beat made out of 55 Hz (carrier) at 6Hz Intervals. The perfect wave to enter a state of trance and auto self-induce new concepts to your subconscious mind.

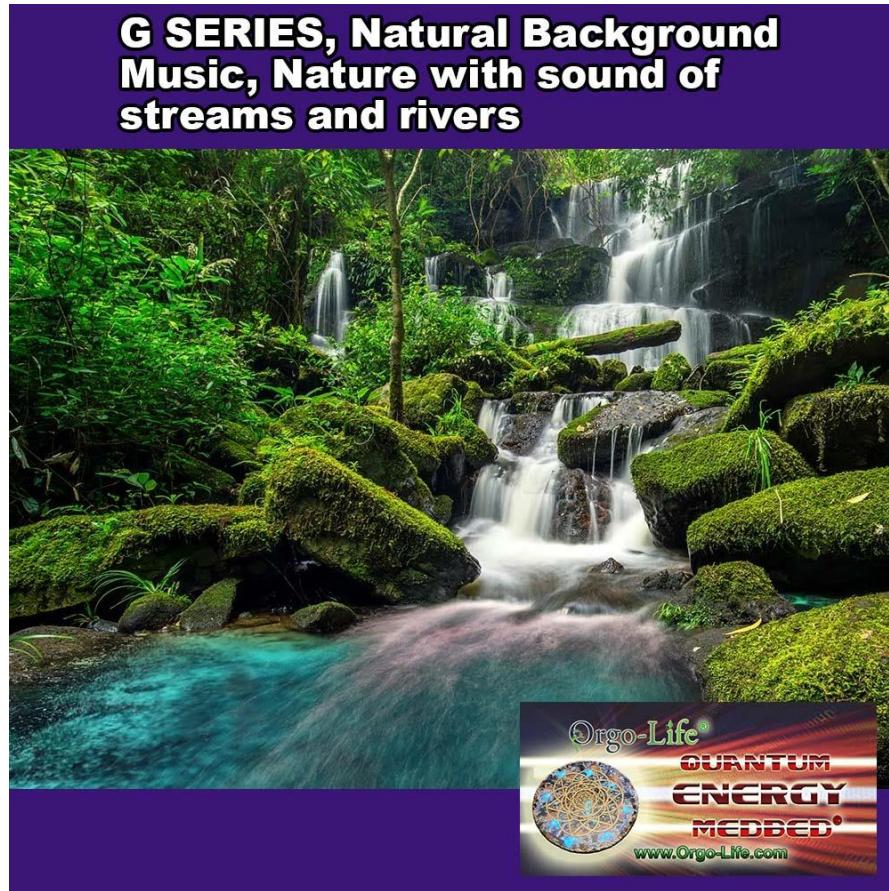
This audio track was produced in a professional recording studio. It was designed to help those who want to meditate, create personal inductions and connect with the superpower of their imagination!

SUGGESTION OF HOW TO USE THIS: In a quiet environment sit back in a comfortable position and let your brain gets in sync with The Theta Wave Pattern. Begin by cleaning up negative thoughts before you

fall into the state of numbness that will eventually kick in. KNOW what you want, imagine it with the feelings of accomplishment and gratitude.

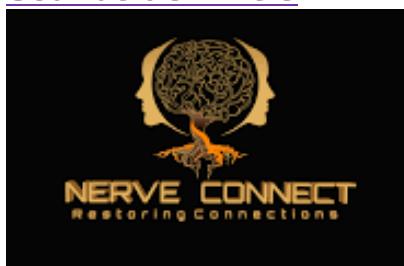
Then, Observe! Listen to this on a daily basis when you meditate with headphones or earphones on your devices to benefit from it. Don't put it too loud! Theta State is a state of very deep relaxation; it is used in hypnosis and during REM sleep. The brain waves are slowed down at a frequency of 4-7 cycles per second. Theta is the first stage of the phase when we dream.

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G SERIES MUSIC NATURE BACKGROUND, WATER

Soundtrack Title



G-1-Nerve-Regeneration Restore Nerve Connections, with Healing 2hrs 30 min

This relaxing music is great to use for meditation, but it is also useful for sleep, relax, study, yoga, concentration. Listening to sleep music for sleep is recommended if you have insomnia, as calming music helps to relax your mind and slow it down. Peaceful music and soothing music is perfect for relaxation, even if you've never meditated. Enjoy and relax with this song, which can also help balance your chakra with healing music. Use our relaxing sounds for study music study music. If you like relaxation music, subscribe to the channel and activate notifications. So you will receive our content daily. Leave the like if you like piano music and relax music.



G-2-432-Hertz-Cosmic-Music-For-a-better-Sleep-Dreaming-with-rain-background-Sleeping-2hrs-33min

RAIN IN SPACE @432Hz Cosmic Music for Sleep & Lucid Dreaming We do not know whether it rains in space or not?, but we had this dream and wanted to bring this to life. Rain + Cosmic Music.



G-3-432-Hertz-Miracle-Tones-with-Rainy-Background-Heal-Spirit- 2hrs-33min

432Hz Miracle Tone: Rainy Days · PowerThoughts Meditation Club 432Hz Miracle Tone: Raise Positive Vibrations - Healing Frequency (Positive Energy Boost)



G-3-432-Hertz-Cosmic-Music-For-a-better-Sleep-Dreaming-with-rain-background-Sleeping-2hrs-33min

- ***432Hz Miracle Tone: for getting your dreams going.....***
- ***Get your thoughts into power for yourself...***
- ***Raise all your Positive Vibrations to a higher level***
- ***Get your Healing Frequency at work for you!***



G-4-432-Hertz-Miracle-Tones-Raise-Positive-Vibrations-Healing-Frequency-Energy-Boost- 2hrs-33min

432Hz Miracle Tone: Raise Positive Vibrations - Healing Frequency (Positive Energy Boost) · PowerThoughts Meditation Club 432Hz Miracle Tone: Raise Positive Vibrations - Healing Frequency (Positive Energy Boost).



G-5-432-Hertz-Your-Room-Pure-Sound-Bath-Ideal-Music-remove-Negative-Energy- singing-Bowls-2hrs-33min

This first track is from very first album "Body Attunement: A Sound Bath Healing"



G-6-432-Hertz-General-Healing-Music-with-bamboo-Water-flow-Background-2hrs-33min

Bamboo water fountain sounds and healing piano music, produced by Soothing Relaxation. This music can be used as sleep music, study music, relaxation music and meditation music. Listen to more

Original music by Peder B. Helland, composed exclusively for Soothing Relaxation.

WHO IS Peder B. Helland :

I am a composer from Norway and I started this channel with a simple vision: to create a place that you can visit whenever you want to sit down and relax. I compose music that can be labeled as for example: sleep music, calm music, yoga music, study music, peaceful music, beautiful music and relaxing music. I love to compose music and I put a lot of work into it. Thank you very much for listening and for leaving feedback. Every single day I am completely astonished by all your warm support and it really inspires me

to work even harder on my music. If you enjoy my work, I would be very happy if you decided to subscribe and join our community. Have a wonderful day or evening!



G-7-432-Hertz-Beautiful-Relaxing-all-your-chakras-Piano-Music-for-Calming-in-General-Healing-Music--2hrs-33min

Beautiful relaxing music by Peder B. Helland. Enjoy peaceful piano music and guitar music ("Sunny Mornings") with birds singing in the background. Stream or download music from Soothing Relaxation:

Message from the composer and creator of Soothing Relaxation: "I am a composer from Norway and I started this channel with a simple vision: to create a place that you can visit whenever you want to sit down and relax. I compose music that often can be described as sleep music, calm music, yoga music, study music, peaceful music, beautiful music and relaxing music. I love to compose music and I put a lot of work into it. Thank you very much for listening and for leaving feedback. Every single day I am completely astonished by all your warm support and it really inspires me to work even harder on my music. If you enjoy my work, I would be very happy if you decided to subscribe and join our community. ***Have a wonderful day or evening!"*** –

By Peder B. Helland, composer for Soothing Relaxation



G-8-432-Hz-All-Chakra-Re-Alignment-7-Main-Chakras-With Rain background-for-balancing-and-better-sleeping-2hrs.-33min

Unblock and cleanse your 7 chakras while you sleep, heal your root chakra, sacral chakra, solar plexus chakra, heart chakra, throat chakra, third eye chakra (3rd eye) and crown chakra. This meditation and/or sleep music with soothing rain sound has been composed with Love in frequencies our 7 chakras can resonate with. It is here for you to lovingly assist you in your chakra unblocking, opening, balancing and healing while you sleep.

Just as a melody can be composed by the use of the 7 notes of an octave, the 7 chakras create the soundtrack of our existence as human beings. And just as the construction of a house begins with the

foundation, the work on the chakras starts from the bottom. Therefore, this full night all 7 chakras cleansing meditation starts at the lowest chakra frequency and rises successively. In this video, the full night all 7 chakra cleansing music is based on the Solfeggio scale. According to this scale, the frequencies our 7 chakras can resonate with are as follows:

- *root chakra (396Hz) –*
- *sacral chakra (417Hz) –*
- *solar plexus chakra (528Hz) –*
- *heart chakra (639Hz) –*
- *throat chakra (741Hz) –*
- *third eye chakra (852Hz) –*
- *crown chakra (963Hz)*



G-9-432-Hz-Very-relaxing-frequencies-Heal-Mind-Body-and-Soul-Relief-Anxiety - 2hrs.-33min

Relaxing Soft Music for relaxation, yoga, meditation, spa, study, stress relief and more. This video features the rain sounds from Southeast Asia and a soft harp melody. Relax and immerse yourself in this soft melody.

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H-SERIES for proper SHAMAN

Soundtrack Title



H-1-Shamanic-Cousiousness-Theta-4.5hertz-Frequency-2hrs33min

432Hz Miracle Tone: Shamanic Consciousness (Theta 4.5Hz) · PowerThoughts Meditation Club 432Hz
Miracle Tone: Raise Positive Vibrations - Healing Frequency (Positive Energy Boost)



H-2-Harmonize-Your-Home-Attract-Money-and-Abundance-Get-Feng-Shui-Prosperity-2hrs33min

This music with a frequency of 432 hz will allow you to harmonize your home, attract money, purpose and abundance with the energy of Feng Shui. Harmonizing the house and the environments is very important to attract money and abundance.



H-3-432-Hertz-Shamanic-Journey-for-trance-and-Great-Spiritual-healing-with-Drums-2hrs33min

Earth & Water is a shamanic mediation music piece that contains the energy of these powerful elements! Ground to the Earth and feel the floating Water healing your soul! The rhythm of shamanic drums and the positive vibrations of hang drum, rainstick and singing bowls will help you enter into a Shamanic Trance and Meditation, that will lead you into deeper connection with nature, Mother Gaia and your inner self! ☺

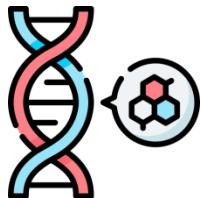
This healing meditation shamanic music is a powerful tool that can help you concentrate, reduce negativity and worries, calm your mind, relief your daily stress, improve physical and emotional balance and relax your mind and body! Let these healing spiritual drums help you ground to Mother Gaia! ☽ Close your eyes, breathe, relax and feel the positive energy boost and spiritual awakening that Mother Earth offers to you! ☺

Alternatively, just let it play in the background and feel the Power of Earth and Water, and positive vibes being spread! This slow grounding Shamanic Trance Drumming with hangdrum, rainstick, singing bowl and shamanic drums is also perfect as yoga music, massage music and reiki music.



H-4-432-528Hz-Hertz-All-9-Solfeggio-Frequencies-remembrance-Emotional-Physical-and-Soul-2hrs33min

Remembrance (528hz) · Powerthoughts Meditation Club All 9 Solfeggio Frequencies: Emotional & Physical Healing - Miracle Tones



H-5-432-Restoration-of-your-DNA-Repair-Melatonin-release-Emotional-and-physical-Healing-2hrs33min

432 Hz, otherwise known as Verdi's A, was the music tuning standard prior to today's tuning of 440 Hz. It is widely considered a superior tuning that makes music more pleasant to listen to. It is also said to have a positive influence on the mind and body due to its relationship with our planet.

"I am Jack DT and I make beautiful relaxing music, meditation music, healing music based on popular instruments such as piano, guitar, flute and other natural sounds for meditation, relaxation, sleep and healing. I look forward to my work help you blessings and peace in a positive way all the way.



H-6-432-OM-Deepest-Peaceful-Mantra-Meditation-108-times-2hrs33min

THE DEEPEST OM 108 Times Peaceful OM Mantra Meditation